

Dear Patient/Family

We are writing to you to let you know your region would like you to use the free DigiBete App so you can have access to clinically approved support and resources whenever you need. The App does not replace the care given by your team but is there to complement the service.

3 reasons for you to download and use the DigiBete App today from either the App Store or Google Play:

Essential films, Support & Resources

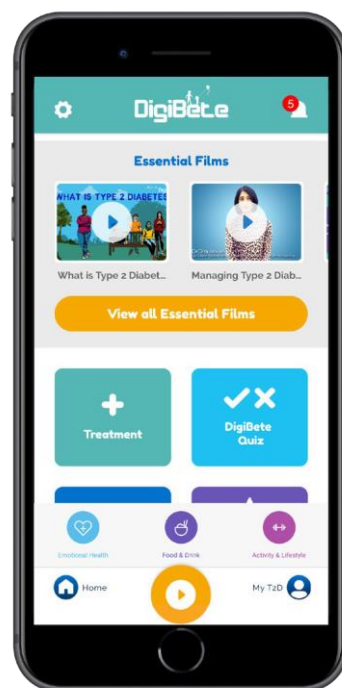
You will have direct access to lots of Type 2 diabetes films & resources, including sick day rules, healthy eating, how to films and lots of written resources to support self-management, such as managing exercise, meal planning, healthy swaps, lifestyle, & motivation support.

Communication

DigiBete can send you relevant information and resources to support your diabetes at home. DigiBete will also send out regular communications.

Store Appointments, Notes, Goals & Keep a Photographic Food Diary

The My T2D area in the App allows you to record and access all your own personal management information, such as medication, appointments, food diary, goals & HbA1c. It is so handy to have everything you need all in the one place on your phone or tablet.



Download instructions

- On downloading the DigiBete App, you will be asked to either 'log in' or 'sign up'.
- You will need to press 'sign up' on your first visit.
- You will then create an account and enter your unique clinic code.

Your Clinic Code is: **ZVOIR** (all letters)



You can find a guide on how to register and how best to use the App here:
<https://www.youngtype2.org/type-2-information/app-training-and-support>

Each family can sign up with one email address and a password that can be shared with carers. Up to 6 devices can access the App using the same login. We hope you find this helpful.

Our Type 2 website is also available: <https://www.youngtype2.org/>

With very best wishes, Team DigiBete

Any questions: app@digibete.org